

Looking for more something more adventurous? Test your endurance in the Iceman Triathlon, Uff Da mud run, or Family Adventure Race.

Train for upcoming races on our multi-purpose loop trail. This 8.5 mile route takes you through both cities and offers great views of the Red and Red Lake Rivers.

And we don't close for the winter! Living in North Dakota and Minnesota means lots of snow and that equals plenty of opportunities for groomed cross-country ski and snowmobile trails. Not your style? No worries. The Greenway also offers ice skating and sledding in many of the parks.

What's your pleasure?

Looking for an outdoor experience like no other in the area? Look no further - The Greenway offers a wide variety of recreation in the heart of Grand Forks, ND and East Grand Forks, MN.

The Greenway features several parks, campground, 2 golf courses, 4 disc golf courses, over 20 miles of multi-purpose trails, shorebank fishing sites, and so much more! Come enjoy this unique opportunity for year-round outdoor recreation right in the heart of our two communities!

Outdoor



THE GREENWAY
GRAND FORKS/EAST GRAND FORKS



www.greenwayggf.com

- Boating
- Birding
- Snowmobiling
- Orienteering course
- Geocaching
- Cross-country skiing
- Swimming pools
- Four boat ramps
- Parks
- Golf
- Disc golf
- Fishing
- Ice skating
- Sledding

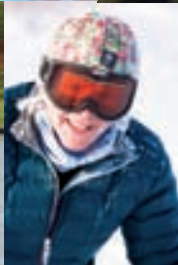
Other Amenities

The Red River State Recreation Area campground is a full-service campground located along the banks of the Red River near downtown East Grand Forks. Take your pick of over 113 campsites, including 85 electric sites with full hookups to sewer and water.

Camping

The Greenway literally has something for everyone! Bring Fido down to the off-leash dog park in Lincoln Drive Park. This park offers two fenced areas to accommodate both large and small dogs.

Off-leash dog park



A River Revitalizes a Community

The Greenway is the direct result of the devastating flood of 1997. After many months of brutally cold weather, twice the average snowfall, and a spring ice storm, the waters of the Red and Red Lake Rivers crested in a record-breaking flood. This historic event forever changed the landscape of Grand Forks and East Grand Forks.

To protect against future flooding the US Army Corps of Engineers proposed a permanent, comprehensive flood protection system. This system includes the Greenway, a 2,200 acre recreational park system along the banks Red and Red Lake Rivers.

Would you like to learn more about the history of the area and the flood of 1997? Check out the series of interpretive plaques located in the informational kiosks throughout the Greenway or visit us online at www.greenwayggf.com.

Annual events

- Extreme ND Iceman Triathlon
- Frozen Feat 5 & 10k
- "Bikecicle" ice bike race
- Dewey Kvidt Memorial Duathlon
- Grand Cities Art Fest
- END-WET swim & canoe endurance race
- Sertoma 4th of July
- Cats Incredible
- Rollin' on the River
- Wild Hog 1/2 marathon
- Uff Da mud run
- Santa Village
- Christmas in the Park
- Greenway Ski Days
- Plus, dozens of 5 & 10k races, music festivals, farmers market, and more!

What are you waiting for?

The Greenway is full of recreational opportunities in all seasons. Need equipment? No problem. There are plenty of local retailers offering canoes, skis, bikes, and other equipment for rent. Visit our website at www.greenwayggf.com for a list of vendors.

For more information

City of Grand Forks **701-738-8746**
 City of East Grand Forks **218-773-8000**
 Red River State Recreation Area **218-773-4950**
 Grand Forks Park District **701-746-2750**

Photos courtesy of the Greater Grand Forks Convention and Visitors Bureau, Wes Peck, and the City of Grand Forks.





THE GREENWAY

GRAND FORKS/EAST GRAND FORKS



For more information about the Greater Grand Forks bikeway system visit bikingtheforks.com

THE GREENWAY

GRAND FORKS / EAST GRAND FORKS

The flood of 1997 dramatically altered the landscape of Grand Forks and East Grand Forks. More than 56,000 people were evacuated before waters of the Red and Red Lake Rivers crested at a record high level of 54 feet. Seventy-five percent of Grand Forks and ninety-five percent of East Grand Forks were inundated with water. The cities made national headlines as eleven of Grand Forks' downtown buildings burned. To ensure that Greater Grand Forks would be protected against future flooding, the US Army Corps of Engineers proposed the construction of a flood protection system, including a Greenway, along the Red and Red Lake rivers.

The Greenway provides a unique opportunity for year-round outdoor recreational activities in the Greater Grand Forks area. With approximately 2,200 acres of open space, vegetation, and recreational amenities, there's something for everyone in the Greenway.



Web: www.greenwayggf.com
 Email: greenway@grandforksgov.com
 Facebook: www.facebook.com/greenwayggf
 Twitter: www.twitter.com/greenwayggf

Please consult GF / EGF Bikeway Map for connection to metro-wide trail system

LEGEND

YOU ARE HERE	Hiking Trail Access	Disc Golf
Biking Trail Access	Softball Fields	Basketball Courts
Information/Kiosk	Tennis Courts	Sand Volleyball
Parking	Pickleball	Horseshoe Pits
Restrooms	Wildflower Garden	River Level Monument
Picnic Area	Labyrinth	Boathouse
Playground	Trailer Sanitation	City of Grand Forks, ND
Wildlife Observation Area	Boat Access	Grand Forks Park District
Campground	Rapid	East Grand Forks Parks
Recreation Area Office	Swimming Pool	Red River State Recreation Area
Dog Park	Fishing Access	Permanent Flood Protection System
	Athletic Fields	Paved Trails
	Golf Course	Trail Mileage between points

<p>City of Grand Forks City Hall 255 N. 4th St. Grand Forks, ND 58201-0200 Phone: 701-746-4636 Web: www.greenwayggf.com</p>	<p>East Grand Forks Parks and Recreation City of East Grand Forks 501 Demore Ave. East Grand Forks, MN 56721 Phone: 218-773-3050 Web: www.egf.mn</p>
<p>Grand Forks Park District 1210 - 7th Avenue South Grand Forks, ND 58201-0300 Phone: 701-746-2725 Web: www.gfdpa.org</p>	<p>Red River State Recreation Area P.O. Box 520 515 2nd St. NW East Grand Forks, Minnesota 56721 Phone: 218-773-3050 Web: www.fra.dnr.mn.us</p>



Map Updated: April 2012